



# ROADWAY EXPRESS

## RETIRES NEWSLETTER

**March 6, 2006 - CHATTANOOGA, TENNESSEE AREA - EVERY 1ST MONDAY**

### UPDATES

Bill Brown is in Siskin Rehab Hospital.

Bill went to his Dr. at the VA Wednesday at 9 AM. His Blood Pressure was extremely low.

They sent him to Erlanger Hospital. He stayed there until today (Friday). The Dr. came in a while ago and told them he would have to run x-rays. But will have to wait till Monday to do that. So, please keep Bill and Levada in your prayers

Don Greeson is not doing too good. He is getting weaker each day. He has no energy, and now must use a walker to get around. Barbara had the flu, but is now better.

Floyd Bledsoe is doing really good. He has gained some weight. They are now looking for a house. He says the apartment is too small.

David Grisham is still hanging in there. He gets a little sick after one of his treatments. He is walking the mall again. Doing a good job too. David hopes to be at the lunch today.

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A dog had followed his owner to school.

His owner was a fourth grader at a public elementary school. However, when the bell rang, the dog slid inside the building and made it all the way to the child's classroom before a teacher noticed and shoo'ed him outside, closing the door behind him.

The dog sat down, whimpered and stared at the closed doors. Then God appeared beside the dog, patted his head, and said, "Don't feel bad fella'.... they won't let ME in either."

### NEXT MEETING

**Monday April 3, 2006**

**11:00 A.M.**

**WALLY'S RESTURANT**

**I-75 Exit 1 - East Ridge, Tn.**

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**CHECK OUT THE  
NEWSLETTER**

**[www.roadwayretirees.com](http://www.roadwayretirees.com)**

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**This one is for all of you who:**

**Have kids**

**Had Kids**

**Want Kids**

**Know a Kid**

As I was packing for my business trip, my 4-year old Step-Son was having a wonderful time playing on the bed.

At one point, he said...."Daddy Jim look at this," and he stuck out two of his fingers.

Trying to keep him entertained, I reached out and stuck his tiny fingers in my mouth and said, "Daddy's gonna eat your fingers!" pretending to eat them before I rushed out of the room again.

When I returned, he was standing on the bed staring at his fingers with a devastated look on his face. I said, "What's wrong, son?"

He replied, "What happened to my booger?"

I was late for my trip because I spent 20 minutes over the toilet looking for his booger.

### HAPPY BIRTHDAY

Bill Welch - March 2nd.

Ann Williams - March 4th.

Richard Bond - March 7th.

Brenda Whitfield - March 17th.

Brenda Crowe - March 23rd.

Richard Pell - March 26th.

Charlie Roberts - March 28th.

Nancy Manning - March 28th.

Billy Croy - March 30th.

### ANNIVERSARIES

Brenda and Tom Crowe - 3/13

### PRAYER REQUEST

David Grisham

Don Greeson

Floyd Bledsoe

Virginia Bledsoe

Bill Watts

Tom Crowe

Tom Burris

James Petty

Levada & Bill Brown

*Bill is in Siskin Rehab*

Dorma Farmer's Mother

*Frances Vickers*

Christy Bowman

*(Dorma's Niece)*

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If it weren't for the last minute, nothing would get done..

You only live once - but if you work it right, once is enough.

Thanks to: Jack Reneker

## Subject: Getting Old

---I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

--- Reporters interviewing a 104-year-old woman: "And what do you think is the best thing about being 104?" the reporter asked. She simply replied, "No peer pressure."

--- The nice thing about being senile is you can hide your own Easter eggs.

--- Just before the funeral services, the undertaker came up to the very elderly widow and asked, "How old was your husband?" "98," she replied. "Two years older than me." "So you're 96," the undertaker commented. She responded, "Hardly worth going home, is it?"

--- I've sure gotten old.! I've had diabetes. I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, and subject to blackouts. Have bouts with dementia. Have poor circulation; hardly feel my hands and feet anymore. Can't remember if I'm 85 or 92. Have lost all my friends - but thank God I still have my drivers license!.

--- An elderly woman decided to prepare her will and told her preacher she had two final requests. First, she wanted to be cremated, and second, she wanted her ashes scattered over Wal-Mart. "Wal-Mart?" the preacher exclaimed. "Why Wal-Mart?" "Then I'll be sure my daughters visit me twice a week"

---My memory's not as sharp as it used to be. Also, my memory's not as sharp as it used to be.

--- Know how to prevent sagging? Just eat till the wrinkles fill out.

---I've still got it, but nobody wants to see it.

---I'm getting into swing dancing. Not on purpose. Some parts of my body are just prone to swinging.

---It's scary when you start making the same noises as your coffeemaker.

---These days about half the stuff in my shopping cart says, "For fast relief."

---I've tried to find a suitable exercise video for women my age, but they haven't made one called "Buns of Putty."

---Don't think of it as getting hot flashes. Think of it as your inner child playing with matches.

---Don't let aging get you down. It's too hard to get back up!

--- Remember: You don't stop laughing because you grow old, You grow old because you stop laughing.

- --THE SENILITY PRAYER : Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.